

The influence of the product on the key organisms of the respective body region was examined.

Information about the tested product:

Manufacturer:

Lumerie Blue Green Beauty, LLC DBA Phosis, LLC
2701 Kavanaugh Blvd, Suite 301
AR 72205 Little Rock
USA

Name of the product:

Calm Deep Hydration Restorative Cream

Product type:	Final product
Application:	Leave-on
Dilution:	No
Sample received:	31 July 2024
Test Start:	05 August 2024
Test End:	14 August 2024
Test Standard:	MyMicrobiome Standard 18.10 Face
Test result:	1.6
Certification:	Granted

Test description

The MyMicrobiome Standard evaluates the influence of cosmetics, personal care products and pharmaceuticals on the microbial key players located at a specific skin or mucous membrane site.

An intact skin microbiome has a fundamental influence on skin health. Skin-friendly products must also be microbiome-friendly and ensure the maintenance of the balance among the skin microorganisms of the user.

Every person's microbiome is unique. Each body area, however, harbors a characteristic composition of bacteria, viruses and fungi. The test examines the product's influence on the key organisms typical for each skin area and thus offers a standardized procedure.

Various aspects are examined:

The microbial quality of the product.

To be evaluated according to our standard, the product needs to be free of contaminants. This is verified in the microbial quality test.

The influence of the product on the natural, healthy skin balance.

The skin-commensal bacterium *Staphylococcus epidermidis* produces antimicrobial peptides (so-called bacteriocins) and regulates skin pH, which keeps harmful microorganisms, such as *Staphylococcus aureus* in check. The product should not disturb the balance between friendly and harmful bacteria. This sensitive balance is investigated in conjunction with the product.

The influence of the product on the bacterial diversity of the specific body region.

Each body region is colonized by a certain set of microorganisms. For healthy microbiome, it is particularly important to maintain this biodiversity. The influence of the product on the respective microbial composition is examined in the test. The aim is to find as many key organisms as possible after contact with the product.

The influence of the product on the growth behavior of the microbes of the specific body region.

In addition to the diversity of the microorganisms in a specific body area, the growth of the individual key organisms should not be influenced by the product. The key organisms are brought into direct and indirect contact with the product and their growth is observed.

Results

The microbiological quality of the product.

The prerequisite for the test for microbial friendliness is the microbiological quality of the product based on DIN ISO 17516. The following table contains the limit values for contaminants that must be observed.

Types of organisms	Limit values
Total aerobic microbial count (TAMC) and total combined yeasts/ moulds count (TYMC)	≤ 20 cfu*/g or ml

* colony forming units (cfu)

Results microbiological quality

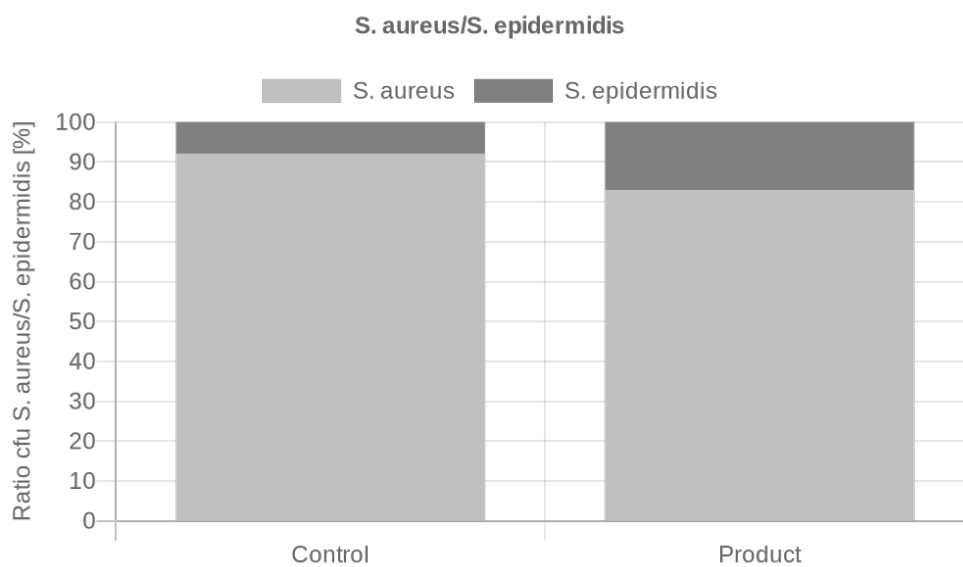
Parameter	Sample no.: 24.922.18.1
TAMC and TYMC [cfu/0,1 ml]	< 20

The microbiological quality of the product is fulfilled.

Results

The influence of the product on the natural, healthy skin balance.

A co-culture of *S. epidermidis* and *S. aureus* is incubated with the product for 15 min (rinse-off) or 4h (leave-on). Bacterial counts are determined, the ratio of the two microbes to each other is assessed and compared to the control sample (PBS).

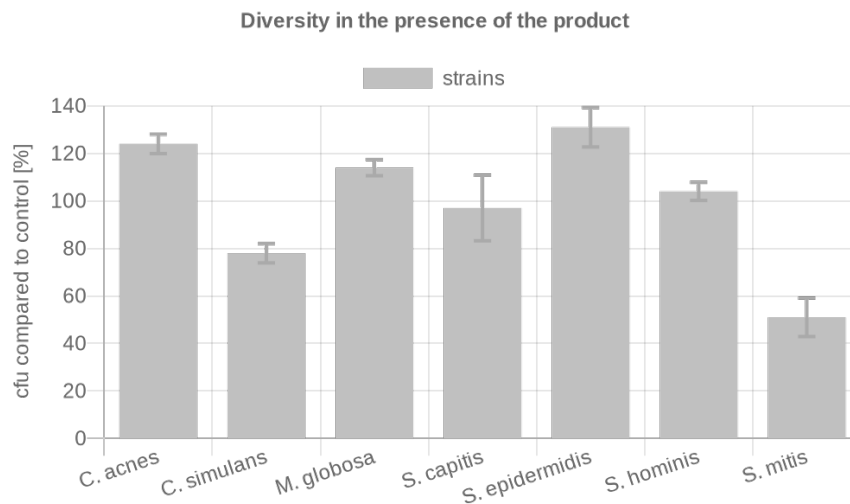


	cfu/ml		Ratio Product/ Control	Grade
	<i>S. aureus</i>	<i>S. epidermidis</i>		
Control	5913.3	533.3	2.3	1.0
Product	2146.7	443.3		

Results

The influence of the product on the microbial diversity of the specific body region.

A co-culture of key organisms of the specific body region is incubated with the product for 15 min (rinse-off) or 4h (leave-on). Bacterial colonies are counted, and the ratio of the cfu in the presence of the product compared to the control (PBS) is determined.



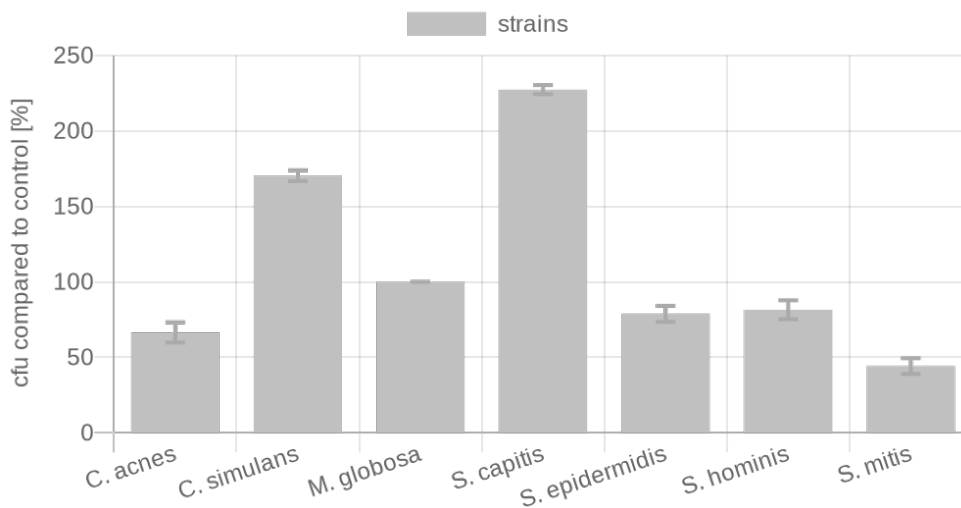
Key-Microbe	t=	4h	Rating
	cfu/ml		
<i>C. acnes</i>	Control	416.7	1
	Product	515	
<i>C. simulans</i>	Control	2566.7	2
	Product	1993.3	
<i>M. globosa confluence</i>	Control	47166.7	1
	Product	54000	
<i>S. capitis</i>	Control	683.3	1
	Product	665	
<i>S. epidermidis</i>	Control	130	1
	Product	170	
<i>S. hominis</i>	Control	250	1
	Product	260	
<i>S. mitis</i>	Control	845	3
	Product	433.3	
Overall rating:			1.4

Results

The influence of the product on the growth behavior of the microbes of a specific body region – directly.

The influence of the product on the growth of each individual key organism of the specific body region is investigated and the ratio of the cfu in the presence of the product is calculated in % relative to the control sample (PBS). Product contact with the microorganisms is direct.

Growth in the presence of the product - direct



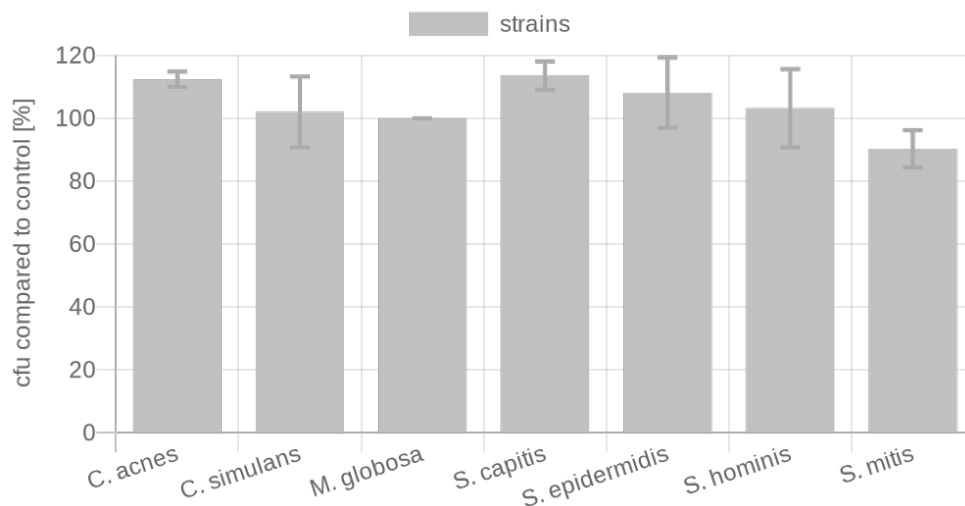
Key-Microbe	cfu/ml		Rating
C. acnes	Control	477	2
	Product	317	
C. simulans	Control	451.3	3
	Product	768.7	
M. globosa confluence	Control	100	1
	Product	100	
S. capitis	Control	166.3	3
	Product	378	
S. epidermidis	Control	176	2
	Product	138.7	
S. hominis	Control	348.7	2
	Product	284.3	
S. mitis	Control	151.7	3
	Product	67	
Overall rating:			2.3

Results

The influence of the product on the growth behavior of the microbes of the specific body region – indirectly.

The influence of the product on the growth of each individual key organism of the specific body region is investigated and the ratio of the cfu in the presence of the product is calculated in % relative to the control sample (PBS). Product contact with the microorganisms is indirect.

Growth in the presence of the product - indirect



Key-Microbe	cfu/ml		Rating
C. acnes	Control	201.7	1
	Product	226.7	
C. simulans	Control	324.3	1
	Product	330.7	
M. globosa confluence	Control	100	1
	Product	100	
S. capitis	Control	224.3	1
	Product	254.7	
S. epidermidis	Control	184.3	1
	Product	199.3	
S. hominis	Control	295	1
	Product	304.3	
S. mitis	Control	147.3	2
	Product	133	
Overall rating:			1.1

Results

The results are evaluated with grades from 1 (one) to 3 (three).

The product has passed if it obtains grades between 1.0 and 2.0.

1.0 – 2.0 = Microbiome-friendly | 2.1 – 3.0 = Microbiome-influencing

Test	Grade
Balance of the skin microbiome	1.0
Diversity of the corresponding skin microbiome (x2)	1.4
Skin-product contact direct (x2)	2.3
Skin-product contact indirect	1.1
Overall grade	1.6

With an overall grade of 1.6 the seal „Microbiome-friendly“ is awarded according to MyMicrobiome Standard 18.10 Face.

Place, Date: Balzers, 14 August 2024

Responsible person: Dr. Kristin Neumann

Signature:

